

For more information



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Operated By:
TFI Local Link Mayo,
Castlebar Social Services Centre,
Castle Street Car Park,
Castlebar, Co Mayo
F23 CV67



TFI Local Link fares include single, return, weekly, adult, young adult and child fares. Cash is accepted and Free Travel Pass holders and children under 5 years travel for free. For more information on fares, please visit: transportforireland.ie/fares/bus-fares or call TFI Local Link Mayo



Our vehicles are wheelchair accessible



Ask your driver or other staff member for assistance. Full information on all available journeys and connections on National Journey Planner at www.transportforireland.ie



You can use the TFI Leap Card to pay for your ticket. For further details, visit: transportforireland.ie



TFI Leap
Top-Up app

Service does not operate Christmas Day

Information correct at time of print: **September 2025**



Route 454 Ballina to Castlebar





Timetable

454

Ballina to Castlebar

Day(s): Monday - Sunday

Ballina - Castlebar

Stop Name	Stop Location	Stop No	Monday - Saturday			Sunday and Public Holdiays		
Ballina Humbert Street	Bus Shelter at Dunnes Stores	559701	07:00	11:30	15:59	07:15	11:45	16:45
Ballina Bus Station	Inside Bus Station	555051	07:05	11:35	16:04	07:18	11:48	16:48
Ardagh	Post Box	545501	07:15	11:45	16:15	07:30	12:00	17:00
Crossmolina	Ballina Street (Dolphin Hotel)	12842	07:23	11:53	16:23	07:38	12:08	17:08
Errew	R315 (Kildavaroge Stone Sign)	532091	07:29	11:59	16:29	07:44	12:14	17:14
Lahardane	Opposite Leonards	545531	07:35	12:05	16:30	07:50	12:20	17:20
Bofeenau	Opposite Church	12805	07:40	12:10	16:40	07:55	12:25	17:25
Massbrook South	R315 (Junction with Boat Slipway)	532041	07:50	12:20	16:50	08:05	12:35	17:35
Pontoon	R310 (Opposite Boat House)	554421	07:55	12:25	16:55	08:10	12:40	17:40
Caurans Lower	L1717 (Southbound)	554581	08:00	12:30	17:00	08:15	12:45	17:45
Parke	Church	545591	08:05	12:35	17:05	08:20	12:50	17:50
National Museum	Museum Entrance Gate	12791	08:10	12:40	17:10	08:25	12:55	17:55
Turlough	Opposite Turlough Stores	531991	08:13	12:43	17:13	08:28	12:58	17:58
Knockthomas	Turlough Road (Castlegrove West)	10760	08:18	12:48	17:18	08:33	13:03	18:03
Castlebar	Stephen Garvey Way (Southbound)	151021	08:23	12:53	17:23	08:38	13:08	18:08
Mayo University Hospital	Westport Road (outside Hospital)	15108	08:24	12:54	17:24	08:39	13:09	18:09
Castlebar Station	Station Car Park	14544	08:30	13:00	17:30	08:45	13:15	18:16

Castlebar - Ballina

Stop Name	Stop Location	Stop No	Monday - Saturday			Sunday and Public Holdiays		
Castlebar Station	Station Car Park	14544	09:00	14:15	18:00	09:15	14:15	19:00
Mayo University Hospital	Westport Road (Opposite Hospital)	15109	09:05	14:20	18:05	09:20	14:20	19:05
Castlebar	Stephen Garvey Way (Northbound)	555721	09:06	14:21	18:06	09:21	14:21	19:06
Knockthomas	Turlough Road (junct with Glenfern)	10761	09:10	14:25	18:10	09:25	14:25	19:10
Turlough	Turlough Stores	555261	09:16	14:31	18:16	09:31	14:31	19:16
National Museum	Opposite Museum Entrance Gate	12806	09:19	14:34	18:19	09:34	14:34	19:19
Parke	Opposite Church	532001	09:24	14:39	18:24	09:39	14:39	19:24
Caurans Lower	L1717 (Northbound)	532011	09:29	14:44	18:29	09:44	14:44	19:29
Pontoon	R310 (Boat House)	554451	09:34	14:49	18:34	09:49	14:49	19:34
Massbrook South	R315 (Opp Junct with Boat Slipway)	554561	09:39	14:54	18:39	09:54	14:54	19:39
Bofeenau	Opposite Church	12805	09:49	15:04	18:49	10:04	15:04	19:49
Lahardane	Leonards	12804	09:54	15:09	18:54	10:09	15:09	19:54
Errew	R315 (Opp Kildavaroge Stone Sign)	545511	10:00	15:15	19:00	10:15	15:15	20:00
Crossmolina	Ballina Street (opp Dolphin Hotel)	554131	10:06	15:21	19:06	10:21	15:21	20:06
Ardagh	Opposite Post Box	551421	10:14	15:29	19:14	10:29	15:29	20:14
Ballina Bus Station	Inside Bus Station	555051	10:25	15:40	19:25	10:40	15:40	20:25
Ballina Humbert Street	Bus Shelter at Dunnes Stores	559701	10:30	15:45	19:30	10:45	15:45	20:30